Did you just make the last monthly payment on your car loan? What should you do next month without a car payment? Financial experts recommend that you continue the payment, but put it into your savings where it can accumulate and be available to pay cash for new tires, brakes, or any major repairs on your car.

Your 2019 Stewardship Committee has similar recommendations for those of you making your last Finish Strong, Reach Beyond payments. At CPC we need to start saving now to pay for some expected major repairs and replace

(Continued on page 3)

CPC Art Committee Celebrates & Remembers

The first art shows in CPC’s new Gathering Place began in the early 2000s, and so did the Art Committee. Artists showing their work have come from CPC’s congregation and friends — preschool children, youth, and adults, amateur and professional alike. The Art Committee has fostered the idea that everyone can enjoy being an artist. And we can enjoy a variety of art — painting, photography, woodworking, quilting, needlework, weaving, sculpture, stained glass, poetry and much more.

The Art Committee plans the shows, works with the artists, and hangs each show in the Gathering Place. We are a creative, fun, engaging group of people. If you’d like to join the

(Continued on page 3)
There was a lot going on at CPC on a Wednesday in late September. Mike Aretsky and Lynette Ledesma were busy making Wednesday Works dinner in the McMillen Hall kitchen, Barbara Farley and the rest of the Carmichael HART (Homeless Assistance Resource Team) Board of Directors was meeting on campus, Waterfall Singers were practicing with Nancy Studer and Kathy Phillips, Pastor Ivan was teaching his Pastor’s Bible Study, our high school youth group was meeting with Lisa Torgerson, Kathy Daigle and Jenny DeVries were leading Taizé worship in the Chapel, a new member class was held and our Sanctuary Choir had their weekly practice. Thank you to all the faithful leaders who give of themselves so selflessly week in and week out to provide meaningful opportunities for Christian fellowship, learning, worship and service.

But maybe the highlight of my day took place just a few hours before when I sat down with Dick Piper. Dick had arranged to meet with me a few days before because he wanted to talk, although he didn’t say about what. Dick and I have met many times over the years to talk about a variety of topics, including sharing his observations about our ministry together, ideas about adult education classes, and sometimes to let me know when he didn’t feel like he could continue in some of his roles, like greeting and teaching. Dick had pretty much retired from most of his former responsibilities due to health concerns, with the one exception that he was would like the opportunity to teach an adult education class again. Needless to say, I was elated. He wanted to know if we could somehow fit him into the teaching rotation again. He would be ready to teach at a moment’s notice and had three books he could use as the basis for a class. I immediately took action, sending an email notice to Bobby Brow, the chair of our Adult Education committee, cc’d Pastor Ivan, and started planning for the best time be to officially announce Dick’s unretirement. NOW!! You see, Dick is one of those unique servants of the Good News, a theologian, a teacher, a relentless greeter on Sunday mornings, (yes, he is still retired from Sunday morning greeting) and faithful steward of God’s good gifts, who now is officially UNRETIRED from teaching.

Thank you, Dick Piper, for making my day, for modeling faithfulness and dedication to Jesus Christ. And thank you to everyone associated with this community of faithfulness who follows in Dick’s footsteps, modeling selflessness and an eagerness to serve Jesus Christ on a daily basis.

Blessings,

Pastor Keith

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Pastor Keith DeVries Writes:

“Profiles in Faithfulness”

Thank you to all the faithful leaders who … provide meaningful opportunities for Christian fellowship, learning, worship and service.”
Art Committee, we’d love to have you. You don’t have to be an artist, you just have to have a willing spirit. A sense of humor helps as well.

The most recent show, “Russ Franson Remembered,” features some of his favorite photographs. Russ was a much-loved member of the Art Committee from its inception to his passing in 2009. He was a prize-winning photographer and an engineer. It was his idea to install the special molding from which to hang each picture and his precise measuring and leveling made each show look professional. He donated the handsome metal frames that are still used in many displays. But most of all we remember Russ as a loving, kind man, always concerned for others first. We celebrate and remember Russ.

The October, November, and December show features three artists: Sheila Jacobs, Joan McMurray and Sally Durante. Look for colorful bird sculptures, paintings of angels, animals, lanterns—and whatever catches the artist’s eye. Expect to be delighted and surprised.

In early 2019 our show will feature art reflecting the poetry of CPC’s own Karen Gannnon. If you are interested in creating art for that show, or joining the Art Committee, contact Pris Mauerman or Darrell Torgerson.

The Art Committee knows that all people are artists just waiting to be discovered. We love helping members of our congregation display their God-given talents. We believe that by working together we have made CPC a little bit more wonderful a place to worship our Creator. And so we rejoice and celebrate!

Beautiful art displays and creative committee members are part of the Art Committee’s success.

... Town Hall Meeting ...

(Continued from page 1) Standards to our grounds and facilities. In addition, we want to enter 2019 with a balanced operational budget.

Join us at the Town Hall Meeting between services on Sunday, October 14. Have coffee, juice, fruit and pastries and find out more about the needs at CPC and how we can join together in 2019 within our theme of Reaching Forward in Faith: Relying on God’s Strength, We Move Toward the Next Horizon.

Special Note: you will be receiving more information in the mail and at worship services regarding accomplishments, future plans and opportunities, and the stewardship campaign. Keep your eyes and ears open!
All of us know the pain of having our trust betrayed. Particularly painful is when our trust is betrayed by a church leader, because it can rattle — if not shatter — the trust we have in a loving God. In her recent book, Healing Spiritual Wounds: Reconnecting with a Loving God After Experiencing a Hurtful Church, Carol Howard Merritt says, “The first step in spiritual healing is to learn to love God by separating God from our experience of being wounded” (pg. 42).

How, then, do we do the difficult work of healing our image of God? And then how do we forgive those who have betrayed our trust? Is forgiveness just acquiescence, or is there more to it than that? Rev. Nadia Bolz-Weber addressed a question about forgiveness in a recent Maker’s interview; her insights have stuck with me: “I really believe that when someone else does us harm, we’re connected to that mistreatment like a chain. Because forgiveness is nothing less than an act of fidelity to an evil-combating campaign. So it’s not an act of niceness. It’s not being a doormat… So what if forgiveness, rather than being like a pansy way of saying, ‘It’s OK,’ is actually a way of wielding bolt-cutters and snipping the chain that links us? Like it is saying, ‘What you did was so not OK that I refuse to be connected to it anymore.’”

At Carmichael Presbyterian Church, we have our own stories of betrayal and healing, chief among them, perhaps, involving two associate pastors in the 1980s (one instance of financial misconduct, the other of sexual misconduct). While I believe the church dealt with these matters in clear and healthy ways, I still occasionally hear stories of the toll it took in the years (and decades) that followed. While we have healed, we still bear the scars and carry the stories that others might learn through them.

My seminary colleague and friend, Rev. Kim Jackson, is considering these stories of betrayal and forgiveness within the church as a part of her doctoral thesis. She is also an amazing artist, photographer, and film-maker. Kim will be visiting Carmichael Presbyterian Church on Wednesday evening, October 3, for a very special Wednesday Works program as she presents her documentary and invites us to share our own experiences of betrayal and healing, whether those have taken place at CPC or in other churches or faith settings. Her invitation to us is on page 5. I hope that you will consider joining.

"Is forgiveness just acquiescence, or is there more to it than that?"
My name is Rev. Kim Jackson, and I am a pastor in the Presbyterian Church (USA), as well as a doctoral student in spirituality and story at Wesley Theological Seminary in Washington, DC. My thesis focuses on the impact of clergy misconduct on parishioners and communities, and the intentional work required to forgive and heal.

I have served multiple congregations who have experienced trauma at the hands of clergy and ministry leaders, whether as a consequence of alcoholism, narcissistic abuse, bipolar disorder, sexual misconduct, financial malfeasance, or deceit. What is consistent among the churches is the resulting pain and confusion for members and staff that lasts for decades. I have discovered that when congregations do not unearth and address the reasons for their betrayal, and are unable to forgive the perpetrators, the outcome is cycles of dysfunction that impact the church’s health and ministry, leading to further grief. As well, members in general, and abuse survivors in particular, struggle to believe in God and trust the church.

As the foundation for my thesis, I recently traveled to Rwanda to film a documentary about the 1994 genocide, including the betrayal of Rwandans by clergy and ministry leaders, and the resulting impact on their faith in God and trust in the church. I interviewed survivors, perpetrators, and pastors to explore how or whether forgiveness and reconciliation, justice and mercy enabled their spiritual and emotional recovery.

After watching the 30-45 minute documentary video together, participants will meet in small groups to discuss how or whether the film invited them to enter into their own experience. Participants will then complete questionnaires for a written record. Those who wish to venture further into this subject may participate in individual interviews with me by email or phone.

Please note that participation is voluntary. Participants may choose which questions to answer, and may leave the study at any time.
Do you have an active imagination? Are you a go-getter or a dreamer? Are you a Mary or a Martha? Sometimes do you yearn to just sit with Jesus? Do you ever hear God whispering “Be still and know that I am God” (Psalm 46:10). For a moment, begin to imagine what God could do. “No one has ever imagined what God has prepared for those who love Him” (1 Corinthians 2:9).

When was the last time you just sat quietly with God, praising Him for His love, His Son and His mighty works? Have you looked at the stars in the night sky, the beauty in a sunset, the mighty ocean or majestic mountains and caught your breath in awe? Or gazed in wonder at a little one? “Who else but God goes back and forth to heaven? Who else holds the wind in his fists and wraps up the ocean in his cloak? Who but God has created the world? If there is any other, what is his name—and his son’s name—if you know it?” (Proverbs 30:4). Close your eyes and imagine what God could do. Nothing, absolutely nothing is impossible to the creator of heaven and earth. Praise His mighty name.

You are invited to join us in the Chapel on Wednesday, October 17, from 6:15-7:15 p.m. to lift our voices in song as we praise and worship God, contemplate the scriptures, and imagine what God could do.

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Alternative Gift Market

*Gifts of Hope*

McMillen Hall

Sunday, November 4

8:30 a.m. to 1:00 p.m.

Bring your shopping list to honor friends and family with gifts that keep on giving!

*food, water, medicine, education*

Handmade crafts from artisans support a variety of agencies

Habitat for Humanity Heifer International

Spirit of Action in Africa Mustard Seed School

Family Promise

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Taize Worship Service:
Imagine What God Could Do

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The Mission Bell—October 2018
Planning Ahead for Winter Shelter

Yes, it is still warm and fall has not really started yet. However, as we all know time goes by quickly and winter will be here. Carmichael HART is already planning for its second year of hosting Winter Shelter for homeless people in the Carmichael area. Last year seven churches (and this year nine churches), plus the Latter Day Saints community helped host nearly 80 individual homeless men and women at their church sites. This year CPC will once again host the second week of January, January 6 – 13, 2019. Our week is so close to Advent and all of the activities surrounding Christmas, we want to do sign-ups and planning in November. Watch for announcements in the Sunday bulletin and Mission Bell and listen for invitations to participate at Sunday worship.

REMININDER We host up to 30 guests from 6:00 p.m. to 6:00 a.m. each day so we need volunteers for all of those hours. Volunteers prepare food, welcome guests, help them get settled with sleeping bag and cot, provide a listening ear as well as general hospitality. Where do you fit? Begin thinking about where you can help.

2018 Offering of Letters
Annual Campaign to End Hunger
October 21, 2018

CPC can continue do our part to urge Congress to make funding decisions that put our country and the world on track to ending hunger by 2030. Persistent and faithful advocacy has been a long-time effort at CPC as we join the national arm of Bread for the World.

Why now? Because deep funding cuts threaten programs that help families alleviate hunger and get out of poverty.

Writing materials (sample letters, ready labels, even stamps) will be available for individual handwritten letters or email contacts to encourage (read URGE) OUR particular Senators and Representatives to pass AND PROTECT vital policies, safety-net programs, budget, and appropriations bills that invest in key programs that improve lives of hungry men, women and children—programs like WIC, global nutrition, SNAP, and refundable tax credits.

Plan to stay on Sunday, October 21 to write/email congressional leaders to listen to people of faith, families, community groups, and businesses (their constituents!) so all do our parts to end hunger AND that it is crucial for government to do its part.
We Need YOUR Help
by Kathy Phillips, Chair of Nominating Committee

Recently, at our celebration in the courtyard, we spoke of a future brightened by the flames of the burning mortgage. We also spoke about re-dedicating ourselves to the work of the church. Those words remain on the minds of your nominating committee as we search for individuals who, with God’s help, will lead our congregation in the future. Our assignment is to find nominees for the offices of Deacon, Ruling Elder, and Nominating Committee. To accomplish this task, we pray for God’s guidance and we refer to the Book of Order (the constitution of the Presbyterian Church (U.S.A.)) and the CPC Bylaws for guidelines.

We also encourage YOU, as a member of the congregation, to share your recommendations with us, using the form inserted in this Mission Bell. A brief description of each of the offices appears below. If you have questions about these offices or about the qualities of a church leader, please feel free to contact one of our pastors or any member of the committee.

Deacons are elected for three years and are to attend and actively participate in meetings on the third Thursday of each month and to serve on one of the standing committees. Duties might include visiting homebound members, serving communion, delivering flowers, and providing hospitality, as well as working on the annual Deacons’ Christmas Basket project.

Ruling Elders are elected for three years and are to attend and actively participate in Session meetings on the fourth Tuesday of each month. Elders also lead in the ministry of the church through one of the six divisions, which meet on the second Tuesday of each month. The Nominating Committee seeks to match each individual’s unique gifts with a position in a specific division. Ruling Elders are responsible for the spiritual life of the congregation. They also sit as the Board of Directors for purposes of the California Nonprofit Corporation Law.

Members of the Nominating Committee are elected to two-year terms. The charge of this committee is to present a slate of nominees for office to the congregation at its annual meeting.

Thank you for taking the time to prayerfully consider your recommendations.

Mission Bell Deadlines

October 8 for the November newsletter
November 13 for the December/January newsletter

Submit articles to:
Amy Lerseth, Mission Bell Editor
at amylerseth@buzzoates.com or leave articles in the Mission Bell box in the church office.

Planning a Meeting?

Carmichael Presbyterian Church is a busy place, especially during the fall and winter. Are you planning a meeting or event? Remember to reserve your room early! It’s easy!

Stop by the church office to request a date and room OR call the church office at 916-486-9081 OR email Karen Gray at karen@carmichaelpres.org or Julie Ueltzen at carmichaelpres@gmail.com.
The chest pains associated with a heart attack are typically located in the midline or the middle of the chest because the heart originates as a midline structure. The heart only protrudes to the left chest because the left ventricle enlarges and thickens to pump the blood. Therefore, left sided chest pain is not a common symptom of a heart attack. Typical pains of heart attack are often described as a “heavy, pressing, elephant on my chest” located right in the middle of the chest. Shortness of breath and especially sweating are virtually always present. If a heart attack is suspected, the best action to take is to call the ambulance and tell them you may be having a heart attack and want to go to the hospital. Please do not drive to the hospital and go to the ER waiting room because that only delays immediate treatment. Ambulance drivers will be in touch with the ER where you will be taken and treatment is often begun in the ambulance.

The current treatment of a heart attack begins in the ER once the diagnosis is established. You will be taken immediately to the Catheterization Laboratory to perform coronary angiograms to determine the location of the blockage in your coronary arteries. The immediate plan is to place a STENT at the site of the blocked artery to restore blood flow. Stents are sophisticated chicken wire (stainless steel) that are expanded to open the artery and reduce the size of the heart attack that is occurring. These stents are never removed and eventually are covered with scar tissue. Follow up studies show the risk of placing a stent is very low and other studies show this approach reduces heart attack size, improves longevity and overall prognosis for the patient. Just what we want.

Gone are the days when the heart attack patient is put to bed rest and observed for 1-2 weeks.

**In Our Church Family**

Please lift up in prayer these members of our church family who have recently lost loved ones:

- The family of Dean Dayton, who passed away on September 8
- The family of Barbara Cady, who passed away on September 10.

**Library Corner**

**Summer Arrivals**

by Doris Beckert, Librarian

Several donations to the library came in over the summer and are now on the shelves, ready for your reading.

- Deen, Edith. *All of the Women of the Bible*. (220.92)
- Del Mastro, M.L. *All of the Women of the Bible*. (220.92)
  This is a completely different book from the Deen.
- Boyle, Gregory. *Barking to the Choir*. (259) Author of *Tattoos on the Heart*.
- Samra, Cal & Rose. *More Holy Humor*. (808.879)
  Companion to Holy Humor...
Happy 30th Anniversary to PW—Presbyterian Women!

2018 marks the 30th anniversary of Presbyterian Women, worldwide. All women of CPC are considered to be Presbyterian Women. All are invited to become active members and attend PW gatherings and circles, which meet the 3rd Thursday of each month, September through May, from 9:30 to 11:30 a.m. We would be delighted to have you join us. Please call Carole Jacobi, PW Moderator (916-486-1640).

PW meets in small group circles for Bible study, prayer, fellowship, mission and more. We endeavor to nurture our faith as we share with each other. Pastor Keith DeVries and Pastor Ivan Herman are our resource leaders for PW Bible Study. We are privileged to have these two pastors share their insights and perspectives with us on the 2nd Thursdays of most months at 9:30 a.m. Three times a year there are larger events—like September’s Fall Gathering, December’s Advent Gathering and our Annual May Luncheon—when we all gather together for a special celebration. Please join us.

Most months we meet in smaller circles for the PW Bible study, which this year is “God’s Promise: I Am With You” by Amy Poling Sutherland. We will be encouraged to know of God’s presence with us wherever we find ourselves on our life’s journey—through uncertainty and discouragement; during trials and times of powerlessness; when we seek God’s guidance and yes, during our everyday lives. During PW circle meetings, we also share reflections, fellowship and prayers with one another—and focus on ministries and missions that PW supports.

What does it mean to support the mission of the church worldwide? For Presbyterian Women nationally and locally, it means that we respond to God’s love for us by offering our many gifts to ensure wholeness for all. We help bring Christ’s love to the world through mission and ministry—Bible study, Birthday and Thank Offering programs, and specific ministries we support in our community. We are engaged and passionate in all we do to make this world a better place—a place of hospitality and abundance for God’s people. Presbyterian Women (Continued on page 11)

PW Circle Meetings

**Dorcas:** The World Service Sewing Circle is for those who enjoy sewing for mission projects. Meets in the Howard Crowley Room on Tuesday, October 2 from 9:30 to 11:30 a.m. Leader: Carolyn McGregor

**Mary Martha:** Meets in the Gathering Place on Thursday, October 18 from 9:30 to 11:30 a.m. Co-Leaders: Kathy Daigle (kathydaigle@comcast.net), Judi Stewart (stewart@winfirst.com), Lisa Benadom (lbenadom@comcast.net)

**Naomi:** Meets in the Church Parlor on Thursday, October 18 from 9:30 to 11:30 a.m. Leader: Bonnie Hard (bonniejhard@hotmail.com)

**Rachel:** Meets at the home of Margo Scandella, 4669 Nottingham Circle in Sacramento on Thursday, October 18 from 9:30 to 11:30 a.m. Leader: Margo Scandella (margolis@aol.com)
People generally experience pressure to appear strong in the face of suffering. This is especially true after others have heard them talk about their suffering or problem a few times. As important as it is for the person to talk about their difficult diagnosis or distressing situation, friends and family sometimes get to the point where they “have heard enough!” Not knowing what else to say, people may offer platitudes like, “It’s God’s will.” Or, “Pray about it and your faith will get you through it.” Or sometimes Christians will glibly say, “I’ll be praying for you,” and then they go about their normal life while the person experiencing the difficulty is left floundering.

Sometimes people who experience a series of life’s challenges may not realize how heavy a toll this all is putting on them. They think, “Oh, I can handle it! It’s not like it is life-threatening or something.” At the same time, they may feel burdened, overwhelmed, anxious, or depressed, however they think they are ‘overreacting.’ They might talk to a Pastor about what they’re going through, yet they don’t want to take up their Pastor’s time, so they “suck it up” and try to appear strong.

You don’t have to be going through a crisis to get help! If you’re experiencing something that is causing you to feel stuck, overwhelmed or distraught, it could certainly be time to consider getting a Stephen Minister. Stephen Ministers offer confidential, one-on-one distinctively Christian care to people who are hurting. A Stephen Minister has received special training to be “present” and to listen empathetically to the person to whom they’re offering care (their care-receiver). The care receiver is invited to talk about what they are going through as many times as they need to, so they can work through the emotions and begin to feel the load lifting from their shoulders.

If this sounds like something that you or someone you know may benefit from, or for more information about CPC’s Stephen Ministry, contact one of CPC’s Stephen Leaders: John Wallace, Len Tozier, Mary Thomas, Kelly Holland, or Misty Dunn.

(Continued from page 10)

Help When Facing Suffering
by Misty Dunn, Stephen Minister/Leader

Women believe in mission. We live out our mission each day, by building leaders for the church, creating partners in faith around the world, and celebrating the opportunity to join in prayer and Bible study.

Lesson 2: God with Us in Our Uncertainty

During October, we will look at Lesson 2 of the PW Bible Study “God’s Promise: I Am With You” and focus on God’s presence in our weakness. The lesson introduction states “God’s promise is extended to everyone, even to those who doubt their abilities or feel inadequate. God’s promise is a promise for the person who feels she is not enough: not strong enough or smart enough or experienced enough or young enough or ______ enough (how do you fill in the blank?).” This PW Bible study reminds us that God doesn’t call the equipped, God equips the called. Through study of scripture and through discussion we will examine this topic and the reassurance of God’s presence in our uncertainty. (Primary Scripture: Exodus 3:1-12, Judges 6:11-27)
Clipper Ship
Skippers: Ed & Janann Poteet
Eighteen Clipper Ship members met at Jim and Jan Hill’s home for the September meeting. The weather was quite warm during the afternoon but we were fortunate that by 6:00 p.m. the weather had cooled nicely. First, we had a social time and then a dinner of chips and dip, enchiladas, beans and rice catered by El Palmar Restaurant. As usual, the food was great from this restaurant.

Janann Poteet provided a birthday cake to celebrate Ed Poteet’s 90th birthday. Unfortunately, Ed could not be present as the day before he fell at home and went to the emergency center at Kaiser. He had some serious bruises but fortunately no broken bones. On Saturday, he was transferred to Eskaton for physical therapy and medical care. We still sang the birthday song and included a new line to say “get well soon.”

Next, we had a business meeting starting with inspirational thoughts by our Chaplain, Thelma Weaver. Treasurer Gary Lee reported that the Clipper Ship is in good financial condition. Plans for the next meeting in October were discussed. We are having an Octoberfest lunch at Jackson Catering on the second Saturday of October.

Jim then reviewed the status of Robertson House, and explained some of the goals for the upcoming 2019 Stewardship pledge campaign. We also discussed concerns about CPC property maintenance. The one item everyone agreed on that should be done soon is the replacement of the pads on the seats of the pews. They are very uncomfortable and many members have to bring a variety of cushions/seats to improve seating conditions. Also, if seats are uncomfortable for visitors this may influence their decision to return or not.

We ask for your prayers for Ed Poteet and his healing and being able to return home.

Companionship
Skippers: Dave & Priscilla Mauerman
Saturday, September 3, was the date of the Companionship’s popular Progressive Dinner. We started at Terry Barto’s for appetizers and visiting on her beautiful outdoor patio with fans overhead and a lovely September breeze. No wonder everyone lingered long at Terry’s! We then caravanned our way to Sharlene and Joe St. Clair’s

(Continued on page 13)
… More Scuttlebutt …

(Continued from page 12) for the main event: two barbecues set up for grilling each person’s hot dogs, hamburgers, bratwurst or steaks. The St. Clairs have a beautiful backyard with lovely tables set for dining and more visiting and inside the house a line of delicious salads to choose from. When it was time for dessert, we headed to Karen and Bud Banker’s house where there were several tempting dessert options and more happy visiting. Everyone agreed that this is one of our favorite ship events.

Our next event will be in the Gathering Place at CPC where we will have a rib dinner with all the fixings and a Bible/Shakespeare challenge game conducted by Priscilla Mauerman! If you’d like to visit our ship, please contact our Lookouts, Sharlene and Joe St. Clair.

**Friendship**
Skipper: Lisa Torgerson

Friendship came together in September to host an international-themed beer and wine tasting event. This event was a popular “sign up” event at the Planting Seeds of Faith auction last March.

Church members and friends who purchased tickets spent a lovely September evening in the Gathering Place courtyard enjoying wines, beers, waters, cheeses, and other delights from several regions around the world. International music trivia, games, and prizes rounded out the evening. Watch for the 2019 version of this event on the “Sign Up Wall” at the next Planting Seeds of Faith auction!

**HMS Pinafore**
Skippers: Harry & Carol Jones

September’s get-together of the Pinafores consisted of grand games and splendid sharing.

**Holy Scow**
Skipper: Terryl Summers

2018 Auction Item L-12: Paella Dinner prepared and hosted by Terryl Summers.

The 17 lucky recipients of this Spanish feast was the Holy Scow ship joined by Dave &

(Continued on page 14)
Skippers: Tom & Brenda Mock
In August, Nautilus enjoyed a sort of hot August night at the Crocker Art Museum. After quick dinners in the museum’s atrium, the jazz aficionados among us made our way to the back courtyard, which quickly filled to hear “Jazz Night”, featuring Sacramento native Marcus Shelby’s bass, keyboard, and drum trio and vocalist Tiffany Austin. For this concert, the keyboard player was a high school classmate of Shelby’s, and the Sacramento connection was emphasized throughout the evening. Although the outside venue is fairly close to city streets and I-5, the music was not adversely affected, and we and the rest of the audience enjoyed the performance. Another reminder of the value of Sacramento’s fine Crocker Art Museum and its programs.

September’s meeting was in the Gathering Place, which functioned as sort of a beehive. Member and bee-keeper Tom Mock informed us of the secret lives of bees—that would “be” real bees. He explained why bees are “be”loved in nature, but also why we must “be”ware of Africanized bees. Guests will always “be” welcome.

Skipjacks
Skippers: Jack & Carolee Roach

Lifeboat
Skipper: Hal Holland

Kinship
Skippers: Bill & Erin Pace

Holy Scow, along with some special guests, enjoyed a delightful paella dinner at the home of Terryl Summers.

Lisa Benadom and Tim & Barbara Farley. It was a delightful summer evening for dining on Terryl’s accommodating back porch overflowing with good food, sangria, lively conversation and fellowship.

2018 Greeters
October: Holy Scow
November: Clippers
December: Kinship

Each group should provide at least one greeter before each service and 8 dozen cookies or other bite-sized treats each Sunday.

Thank you for making CPC a warm and welcoming place for our members, friends, and visitors!

Tradewinds
Contacts: Jack & Jerri Pefley
## Contact Us

### by telephone:

<table>
<thead>
<tr>
<th>Service</th>
<th>Phone</th>
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<tbody>
<tr>
<td>CPC Office</td>
<td>916-486-9081</td>
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<tr>
<td>Office after-hours line</td>
<td>916-486-1406</td>
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<td>Health Ministry</td>
<td>916-486-0604</td>
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<td>Stephen Ministry</td>
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<td>CPC Preschool</td>
<td>916-486-9189</td>
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<td>Food Closet</td>
<td>916-483-9232</td>
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<tr>
<td>Fax</td>
<td>916-486-3771</td>
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To leave a voice mail message for a staff person when the office is closed, dial 916-486-9081. When the machine answers your call, dial the person’s extension.

<table>
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<td>Karen Gray</td>
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<td>Paul Shultz</td>
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<td>Randy Benfield</td>
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<td>Ivan Herman</td>
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<td>Lisa Torgerson</td>
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<td>Ron Morris</td>
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### via e-mail:

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<tr>
<td>Keith DeVries</td>
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<td>Ivan Herman</td>
<td><a href="mailto:ivan@carmichaelpres.org">ivan@carmichaelpres.org</a></td>
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<tr>
<td>Randy Benfield</td>
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<tr>
<td>Lisa Torgerson</td>
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<tr>
<td>Rachel Ratliff</td>
<td><a href="mailto:rachel@carmichaelpres.org">rachel@carmichaelpres.org</a></td>
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</tbody>
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Or link to email through our website www.carmichaelpres.org

## Our CPC Staff

Remembering that the members of Carmichael Presbyterian Church are the ministers and missionaries of our faith community, our Pastoral Staff and Support Team provide leadership and specialized ministries.

### The Rev. Keith L. DeVries

Randy Benfield, Director of Music

### The Rev. Ivan N. Herman

Trina Spivack, Accompanist

### Jenny DeVries

Jenny DeVries, Contemporary Worship Leader

### Marti Wallace

Marti Wallace, Mission Bells & Carillon Director

### Lisa Torgerson

Lisa Torgerson, Children’s & Youth Ministry Director

### Matthew Lillie

Matthew Lillie, Children’s Ministry Intern

### Paul & Mary Camozzi

Paul & Mary Camozzi, Childcare Providers

### Rachel Ratliff

Rachel Ratliff, Preschool Director

### Karen Gray

Karen Gray, Pastors’ Secretary

### Julie Ueltzen

Julie Ueltzen, Church Secretary

### Paul Shultz

Paul Shultz, Financial Administrator

### Ron Morris

Ron Morris, Maintenance Manager

### Christian Bolen

Christian Bolen, Custodian

### Josh Hogge

Josh Hogge, Custodian

### Lisa Levering

Lisa Levering, Wedding Coordinator

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### Can’t Make it to Church?
Join “Church Flix!”

Enjoy CPC’s Sunday services, even if you can’t make it to church! The 8:45 a.m. service is recorded each Sunday and DVDs are mailed on Wednesdays along with a copy of the worship bulletin.

If you or someone you know would like to receive a weekly DVD, please contact the church office at 916-486-9081 or carmichaelpres@gmail.com. There is no cost for this service.

Don’t have a DVD player? Give us a call, the church may be able to help!
Sundays at CPC

Traditional Worship Service - 8:45 a.m.
(with traditional hymns and organ)

Contemporary Worship Service - 11:00 a.m.
(with the Contemporary Music Team)

Sunday Morning Education Opportunities

For Children and Youth

Infant & Child Care
8:30 A.M. - 12:30 P.M.
Infant/Toddler Care (birth-4 years), Room 102
Cry Room (with video feed of worship service), #101

1st Service Pull-Out Program (following "Time for Young People" at the 8:45 A.M. service)
Spark, 4 years-2nd grade, Room 104

Children’s Sunday School
10:00 A.M. - 10:55 A.M.
Godly Play, 4 years-Kindergarten, Room 207
Whirl, 1st-3rd grade, Room 206
Connect, 4th-5th grade, Room 205

Youth Sunday School
10:00 A.M. - 10:50 A.M.
Middle School & High School (6th-12th grade), Room 211

2nd Service Pull-Out Programs (following "Time for Young People" at the 11:00 A.M. service)
Spark (4 years-2nd grade), Room 104

For Adults
10:00-11:00 a.m.

Fear of the Other: No Fear in Love
William Willimon, in this book and DVD series, invites readers to consider the Gospel-command to love (and not merely tolerate) those considered to be “other” or outside mainstream Christian culture. Join in reading and discussion as you explore what it means to love Others. Books are available for $11. Led by Pastor Ivan Herman and Garrett Torgerson. Meets in the Howard Crowley Room.